

Information Flyer for Schools & Families - Spring Term 1, 2024

At Appeer everyone "fits in". We offer a place where autistic girls and women can meet like-minded peers and truly be themselves. Based in Woking we provide online and in-person Sessions and Programmes which support **A POSITIVE PEER APPROACH**, through which we connect autistic girls, women and their parents/carers by sharing interests and support.

Autistic Girls (7-12 years) - We offer both online and in-person Sessions for autistic girls aged 7 -12. These are facilitated by our specialist staff and led by Kris, our Girls Programme Manager. Our Zoom Sessions include Minecraft and Roblox games which offer the girls a valuable chance to connect by sharing tips and building together. We also offer a **Monthly Girls Group** for autistic girls and their parents and carers on monthly Sundays. If you want to sign up for any of our Sessions or Groups please visit appeer.org.uk/new-joiners or book via [COACHA](https://coacha.co.uk) if you have already joined Appeer.



Autistic Teenage Girls - We know how hard it is to find support for autistic teenage girls, so we try to provide a safe space for them to connect. We offer a Monthly Teen Group for autistic teenage girls and their parents and carers on monthly Sundays. We help our teens access activities with a "challenge through choice" approach. Teenage girls can also join our Online Minecraft Sessions. If you want to sign up for any of our Sessions or Groups please visit appeer.org.uk/new-joiners or book via [COACHA](https://coacha.co.uk) if you have already joined.



Parents and Carers - We offer a room for parents and carers during all our Girls and Teen Groups offering both refreshments and connections. Our Parent/Carer Facilitator is on hand to offer a listening ear, share experiences or signpost. We also host Expert Talks, when appropriate, and our next one is for both the girls and their parents/carers. It's all about careers in gaming and is **on Wednesday 17th January** - book via Eventbrite by clicking the image below.



Jobs

We are currently recruiting for more Youth Facilitators for our Weekday Group Alternative Provision. We would be very interested to hear from those with relevant experience.



Ad Hoc Sessions - We offer Sessions at community venues during weekends and school holidays. See our Events Calendar appeer.org.uk/appeer-events-calendar.

Weekday Groups (Alternative Provision)

Autistic girls aged 9-18 can attend one of our 3 hour Weekday Group Sessions on a Monday, Tuesday or Wednesday. The girls connect whilst enjoying a range of activities in a low-pressure setting, underpinned with a wellbeing-promotion foundation. The Programme is designed to support autistic girls who are not in full time education, including those who may have **EBSNA**, are **home educated** and/or have **EOTAS** or limited other weekday support. Funding can be provided via EHCPs by schools or local authorities. We also offer private, family funded places.



Find out more or apply – appeer.org.uk/weekday-groups